



## Military Services

## Take Advantage of What the Military Offers...

It's important that Military families use the bases services offered to Active, Retiree or Reserve Military . Why? If you don't make use of these benefits they will eventual go away. Let me repeat "go away". So many of the military benefits are in danger of lost...please use the following facilities.

### Facilities you can use:

- Base Chapel (Church - Chaplain – Marriage counseling)
- Commissary (Military Supermarket)
- Base & Post Exchanges (Military Walmart)
- The Officer, NCO or Enlisted Personnel Clubs (Fun - Dinner Out)
- Recreational Center (Swimming Pool, Bowling Alley, Horse Stable, Gym)
- Child Care Facilities (check to see services offered)
- Theater (Movies – date night)
- Base Thrift Shops (great bargains - low cost)
- Library (Videos – C/D's – Books – Magazines)
- Clinics (Medical)
- Auto Shop (Car care – Resale Car, Camper & Boat lot)

### Services and Programs, Many are provided, including the following:

- Medical and Dental plans
- Clinical Services (Laboratory – Shots – Educational medical classes)
- Family enrichment and child development programs
- Family advocacy programs
- Information, referral and follow-up programs – Space-A Travel – Lodging – Vacation sites
- Relocation and Deployment programs
- Employment and Education program (College)
- Consumer affairs and financial assistance
- Legal assistance (Wills and other documents, call the Legal JAG Office)
- Youth Programs (Varied programs age groups)
- Military Red Cross assistance – Transportation [www.mercymedical.org](http://www.mercymedical.org) or 1.888.675.1405
- Support Groups (Family member programs...CALL FAMILY SERVICES FOR INFO)
- Bases & Post - Offer varying services (always inquire about the services you may need)

***Don't hesitate to seek help for yourself or family. It's a sign of strength, not weakness. These benefits are an important part of the military life and retirement. Use them or lose them.***